

Lent 2025 Bible Reading Plan

*Rev. Zhenya Gurina-Rodríguez, PhD
First United Methodist Church, Fort Worth, TX*

Ash Wednesday Week

March 5 – Hebrews 8: How does the new covenant shape your understanding of God's grace?

March 6 – Hebrews 10: What does it mean for you to approach God with confidence?

March 7 – Hebrews 11: Which person in Hebrews 11 inspires you most?

March 8 – Hebrews 12: What "weight" or sin do you need to lay aside to run your race with endurance?

Letting Go of Anxiety

March 9 – Psalm 46: How does this Psalm encourage you to trust in God's presence amid uncertainty?

March 10 – Judges 6: What fears or doubts do you relate to in Gideon's story?

March 11 – Judges 7: What does Gideon's victory teach you about relying on God rather than your own strength?

March 12 – Matthew 6: What worries do you need to release to God?

March 13 – Matthew 10: How does Jesus' instructions challenge you to trust Him?

March 14 – Matthew 24: What role does fear of the future play in your faith?

March 15 – Psalm 34: How can you practice seeking the Lord when you feel anxious or afraid?

Letting Go of Control

March 16 – Proverbs 3: What would it look like for you to trust in the Lord with all your heart today?

March 17 – Exodus 5: How do you respond when things seem to get worse before they get better?

March 18 – Exodus 14: What does God's command to "be still" mean in your current struggles?

March 19 – Exodus 15: How does singing or remembering past victories help you trust God for the future?

March 20 – Exodus 16: What does the story of manna teach you about trusting God daily?

March 21 – Matthew 26: How does Jesus' prayer in Gethsemane shape your understanding of surrendering to God's will?

March 22 – Psalm 37: How does this psalm help you release control and trust in God's timing?

Letting Go of Judging Others

March 23 – James 1: How does this chapter challenge you?

March 24 – James 2: How do you struggle with showing favoritism?

March 25 – James 3: How do your words impact others, and how can you use them for good?

March 26 – James 4: What desires or judgments do you need to submit to God?

March 27 – James 5: How does James' call to patience and prayer speak to your heart today?

March 28 – Matthew 27: How does Jesus' response to judgment and mockery challenge you?

March 29 – Psalm 75: How does trusting God as the true Judge free you from judgmental attitudes?

Letting Go of Apathy

March 30 – Romans 12: What specific way can you "not conform to the world" but be transformed today?

March 31 – Acts 3: How does Peter's healing of the lame man inspire you to act in faith?

April 1 – Acts 6: How does the early church's example challenge your level of commitment?

April 2 – Acts 7:1-29: How does Stephen's boldness and faithfulness encourage you?

April 3 – Acts 7:30-60: How do you respond to opposition or suffering for your faith?

April 4 – Acts 14: How does Paul's perseverance inspire you to keep going?

April 5 – Psalm 10: Where do you see injustice around you, and how can you respond?

Letting Go of Resentment

April 6 – Genesis 4: How do you handle feelings of jealousy or comparison?

April 7 – Genesis 16: How does God's care for Hagar speak to you about divine justice and love?

April 8 – Genesis 27: How has resentment impacted your relationships, and how can you seek healing?

April 9 – Genesis 32: What would wrestling with God look like in your life right now?

April 10 – Genesis 33: How does Esau's forgiveness challenge you to let go of past hurts?

April 11 – Matthew 12: How does Jesus' teaching about the heart challenge you to release bitterness?

April 12 – Psalm 37: What does trusting in God's justice mean for your healing from resentment?

Holy Week

April 13 – Luke 19: How is Jesus calling you to welcome Him into your life anew?

April 14 – Psalm 118: What reasons do you have to give thanks to God today?

April 15 – Luke 20: How does Jesus' authority challenge you to submit more fully to God?

April 16 – Luke 21: What does Jesus' teaching on endurance mean for your faith journey?

April 17 – Luke 22: How do you see yourself in the disciples' actions during the Last Supper?

April 18 – Luke 23: What does Jesus' suffering teach you about love and sacrifice?

April 19 – Psalm 31: How can you entrust your spirit to God in difficult times?

April 20 – Luke 24: How does the resurrection shape your daily faith and hope?